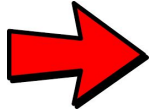


Holmes Medical Training Covid Policy

The following are our Holmes Medical Training New safety precautions for our in person practical training to ensure the safety of all of our students and staff during Covid:



All students must take the Covid Self Assessment 24 hours before attending our in person practical training session.



<https://covid-19.ontario.ca/self-assessment/>



If you show any of the signs and symptoms of Covid the morning of the course do not leave your house. Please give us a call or send us an email to reschedule your course after your 14 days of self isolation. There will be no additional cost for students that need to reschedule due to Covid signs and symptoms.



All students must arrive 15 to 20 minutes early to the class wearing a face mask and continue to wear a face mask that covers your nose and mouth for the duration of the in person practical.



Students must sanitize and then wear medical gloves provided by us before touching any Holmes Medical Training first aid equipment.



To encourage physical distancing, we will now have our students dress up mannequins as full sized personal training dolls. Please have each student bring with them an extra outfit described below to dress up the mannequins that ONLY they will be touching and using:

- one towel
- pants
- long sleeve button up shirt
- socks
- gloves (winter are fine)
- small pillow