

Program Overview

Holmes Medical Training now offers an engaging online blended program for Standard First Aid with CPR level C with AED training. A combination of ONLINE theory based training and IN-CLASS practical skills development. After students have completed both our online and in class training they will have the confidence to manage first aid emergencies until medical help arrives.

Certificate



Holmes Medical Training blended Standard First Aid program meets WSIB and Canada Labour Code requirements. Our Standard First Aid certificate is valid for 3 years under WSIB recommendations

Blended Components

Online Training



Students can complete the online theory portion of the course at their own pace and are given an access code so they can enter the exit of the course on their own schedule. Our program is designed in a modular format sublimated with videos and tests to help students understand the key concepts. Under recommendation students should complete the online theory portion of the course within 14 days of the in person practical.

In Person Practical



Students must have completed the online portion of the course before attending the in person practical. Students can apply the knowledge learned from the theory portion through a practical application of hands on training and instructor lead skill development to handle different first aid scenarios.